**Central Wisconsin Health Partnership (CWHP)**

**Regional Comprehensive Community Services (CCS) Coordinating Committee Meeting**

**Wednesday, October 9, 2019**

**Adams County Community Center**

**Present:** Kay Saarinen-Barr – Adams County; Jason Jerome, Kate Meyer – Green Lake County; Dawn Buchholz, Tim Cottingham, and Danielle Moore – Juneau County; Mandy Stanley, Tancy Helmin, Mary Walters, and Jeremy Lee – Marquette County; Dr. Toni Morgan-Jones – Waushara County; Jan Lehrer, Brenda Freeman, and Jill Amos-Polifka – Waupaca County; Lori Martin – White Pine Consulting Service

1. **Welcome and Introductions.**

* Meeting called to order by Tim Cottingham, Committee Chair, at 10:13

1. **Approval of agenda**

* No corrections or additions were noted

1. **Approval of meeting minutes from August 14, 2019 meeting**

* No corrections or additions were noted

1. **County Updates**
   * + **Adams** – 76 consumers being served by 6 service facilitators
   * Kay shared an overview presentation of the programming offered for youth at Pineland Campground during the summer. 10-week day camp experience, 2 days/week; 10 – 14 year olds; 30 youth participated.
   * Utilized CCS funds (along with other funding) to support services provided. Mondays and Wednesdays targeted youth with emotional/behavioral challenges, and Tuesdays and Thursdays offered programming for youth with autism.
   * The experience incorporated structured groups facilitated by a therapist, as well as crafts and other activities. Jonathan Cloud facilitated a “Sparks” workshop for the youth, which was very well received.

* **Green Lake** – 35 consumers enrolled; 4 in referral process. One individual hired who will eventually become a CCS service facilitator. Have access to a Certified Peer Specialist through a contracted agency but haven’t found a match with a consumer/recovery plan.
* **Juneau** – 49 individuals enrolled; 28 individuals in referral process. The unit is now fully staffed. 3 new service facilitators started recently for a total of 8 (5 FTE and 3 part time). Goal is to enroll 9 individuals in CCS this month. Dawn wrote in for 1 new service facilitator position in 2020 and 2 additional LTE in new budget. Were granted a $500,000 4-year Federal Drug Court grant, officially started October 1st. The Sheriff’s Department also received 3-year grant to hire a mental health therapist and case manager at the jail.
* **Marquette** – 19 consumers, 3 in referral process. CCS/CLTS worker recently left her position. 2 FTE CCS service facilitators wear multiple hats. New dually licensed therapist starting next week. Hosted a consumer therapeutic event for CCS and CSP clients – made soup and ate together and played games. Also hosted a movie and lunch field trip for CCS and CSP consumers. A date has been selected for the annual consumer satisfaction survey and game night. Marquette Counties service facilitators hosted a regional service facilitator forum last week.
* **Waupaca** – Jan McDonough no longer with Waupaca, Sherrie is the interim contact for CCS.
* **Waushara** – 33 consumers, 4 in referral process. Referrals coming through crisis. Continuing to grow and support consumer-led groups. Craft group started out for women, now men are expressing interest – may have back-to-back groups.

1. **PLEX Report**

* Group discussed transition from CCS and the many factors that play a role in a successful experience including development of a quality plan based on consumer priorities, and skillful service facilitation. Discussed important of talking about transition from the beginning of the CCS process.

1. **County Board Member Report**
   * Tim Cottingham, Juneau: Going through a stressful county budget process. The ADRC is conducting a feasibility study regarding the possibility of building a community center that would be community-owned (as opposed to county-owned). There is expected to be a public hearing within the next month. The County is also interested in looking into grant funding to support family court.
   * Mary Walters, Marquette: A husband/wife psychiatrist team will be providing services to Human Service department. The Sheriff’s department is becoming more aware of mental health issues in the jail. Recently there was a joint consumer get-together of CCS and CSP consumers – made soup, developed social skills, played games; there is interest in doing this type of event again. Sue Allen with UW Extension attended meeting – shared resources that may be of interest to CCS consumers.
   * Jan Lehrer, Waupaca: Going through the county budget process. Drug court has been successful. Manawa High School is developing a mental health group; the initial meeting was held a week ago Monday which went well. Survey – 50% of children who attend high school report being anxious; some factors include use of cellphones/social media, work, and bullying. Went to the Wisconsin Counties Association annual conference in Wisconsin Dells and attended sessions related to mental health.
2. **Regional Coordinator Report**
3. **Enrollment Report**
   * Lori shared a regional summary of data taken from the County Mental Health Services Dashboard and County Substance Use Services Dashboard, both recently developed by the Wisconsin DHS. The summary highlighted the top 5 most used mental health and substance use services during the first 6 months of 2019, as well as the intensity of service needs across each county.
4. **Discussion with new Individual Placement and Support (IPS) Coordinator**

* On September 25th, Lori had a phone conversation with Stacey Teegardin, who is the new Individual Placement and Support (IPS) Coordinator with the State.
* In August 2017, her predecessor, Bob Meyer presented at this meeting on IPS. At that point counties in our region weren’t interested in moving forward (the employing of an employment specialist was noted as a barrier). Instead, the Committee pursued strengthening relationships with the Division of Vocational Rehabilitation (DVR).
* In April 2018 Deepa Pal visited our Committee Meeting and presented on DVR. The result was a sharing of contact information between CCS Coordinators on our end and DVR supervisors with encouragement to reach out and coordinate where individuals are involved in both DVR and CCS
* Stacey comes from Colorado and has experience with IPS there. Here vision is to eventually have IPS in every county in Wisconsin. In the short term, I agreed to send her contact information for the 6 counties in the CWHP. In the longer-term, there may be opportunities for follow-up either as a region, as individual counties, or both.

1. **“Listening Well” opportunity for ongoing support**

* Excellent workshop facilitated by Scott Caldwell with DHS on August 28th in Waupaca on developing the skill of “listening well” – an important skill utilized in Motivational Interviewing, an Evidence Based Practice. (Theresa Kuehl was instrumental in developing the materials but was ill and couldn’t co-facilitate.) Their hope all along is that it not be a “one and done” workshop, but that the practices be supported and strengthened by supervisors through supervision. Supervisors (CCS coordinators) were asked to attend with their staff, which they did. During the lunch hour, the trainer (Scott) and the supervisors had a working lunch where they discussed how the skills could be supported through staff supervision.
* Workshop was attended by 42 staff from our region, mostly representing CCS. Evaluations were very good – there were 8 likert scale questions 1- poor to 4 – excellent. The average was 3.4 (on a 4-point scale).
* Lori had a follow-up call on October 4th with Scott and Theresa. They are available if there is interest from a specific county or counties to provide 1:1 support or with a group to facilitate more listening well skills. The key is supervisor/leadership buy-in. They would be interested in continued work with supervisors to coach them or co-coach a session with staff. If there’s interest, they’d start with a phone conference with interested supervisors and would then consider onsite support.

1. **Training Subcommittee Report**
   1. Recent Workshop:
      * Skill building workshop held for Service Facilitators on October 3rd in Montello. Part 2 of a workshop that Lori facilitated at FVTC in Waupaca in April. Focus on managing conflicts on teams, dealing with difficult personalities, and an introduction to developing needs statements.
   2. Upcoming Workshops:
      * October 17th – Lori will facilitate a workshop in Mauston for new service facilitators; other counties are welcome to send staff
      * November 18th – Jonathan Cloud facilitating the workshop he did for the CST regional workshops on “Facilitating Stages of Behavior Change with Youth”. Looking for location (Mauston not available, possibly Waupaca).
      * Dec 12th – Peter Leidy on topic of “Making Connections: Building Bridges to Community Life”
      * Love and Logic for Providers in Wautoma – plan for early 2020
      * Interest expressed in training for supervisors/managers so they can better support their service facilitators
   3. New and Updated Statewide Wraparound Resources
   * Lori attended the National Wraparound Conference in Baltimore Sept 9 – 11. Attended sessions related to team facilitation skill building that could benefit CCS service facilitators and CST care coordinators. Biggest takeaways – there’s a lot WI is doing right in terms of wraparound, but there are areas that can be improved upon. Two areas of focus – assessment process (hearing the family’s story and capturing it in narrative form), and developing needs statements based on “the why” (function of the behavior) as opposed to the behavior itself.
   * Wraparound training videos. Through White Pine’s work with their CST training contract, Lori’s team worked with a video production company out of Madison (DNA Studios) to develop a set of 8 wraparound-related training videos. Purpose to provide an overview of wraparound basics to a wide range audience (e.g. service facilitator, team members, families, coordinating committee members, providers). Topics include: overview of wraparound, Wisconsin principles of wraparound, getting started with a family, youth and family engagement, and the coordinating committee
   * Lori has had two meetings with Wraparound Milwaukee trainers regarding their training process. She will be attending 3 of their care coordinator certification workshops in October and November including their initial 2-day orientation, strength-based documentation, needs and benchmarks, and running effective team meetings and conflict resolution.
   * In the process of revamping the curriculum used for the 2-day care coordinator fundamentals workshop based on all of the above. Some counties are now requiring service providers to send their CCS workers to this 2-day workshop prior to becoming contracted CCS providers for the county.
2. **Quality Improvement (QI) Subcommittee Report**

* Service Facilitator forum held in Montello on 10/3
  + History – in 2016, these forums were offered monthly. The service facilitators were surveyed on what topics they would like additional information about. Agenda consisted of an “issues basket”, state and regional updates, topic of the day, and open forum
  + In 2017, there were less meetings
  + In 2018, only a few, and my role diminished from facilitating the group to letting the group be more peer led. This fizzled.
  + Until this past meeting on the 3rd, there hadn’t been any meetings in 2019.
  + On 10/3 Marquette County hosted a forum. Their staff put together the agenda (ice breaker, updates, discussion related to CCS referrals). Rebranding CCS – not about services, about a process of supporting an individual in their recovery. Great engagement and discussion!
  + The next forum is scheduled for January 16th (quarterly) in Adams. Morning forum with an afternoon workshop, potentially on the topic of developing needs statements.
* Annual CCS Site visits need to be scheduled.
* Training opportunities for Supervisors – subcommittee discussed the importance of building the knowledge and toolboxes for supervisors so coordinators/supervisors can better support their CCS staff. This is also becoming a larger focus at the statewide level related to CST and CCS.

1. **Other**
   1. **Update on CWHP Strategic Planning Meetings** 
      * Last meeting September 25th – continue to plan. Facilitators changed between meetings which is prolonging the process. Have developed a definition of health equity. Meeting again October 30th in Montello. Recognize all that’s come out of the CWHP – Recovery Center grant, Green Lake’s grant, Health Summit, etc.

**9. Next meeting** – Wednesday, December 11, 10:00 – Noon, Marquette County Services Center; PLEX 9:00 – 10:00

**Meeting adjourned at 12:05**